

SMOKING CESSATION

If you smoke, the best way to lower your risk of lung cancer – and improve your health – is to quit. For information on smoking cessation opportunities call the SC DHEC Quitline at 1-800-QUIT-NOW. They are available 24 hours a day, 7 days a week and provide free one-on-one coaching by phone or web-based support.

QUESTIONS?

Call Beaufort Memorial Centralized Scheduling at (843) 522-5015.

ADDITIONAL RESOURCES

American Cancer Society – cancer.org

American Lung Association – lung.org

National Comprehensive Cancer Network – nccn.org



Beaufort Memorial

ARE YOU AT RISK FOR DEVELOPING

LUNG CANCER?

BE SCREENED.

LUNG CANCER

is the leading cancer killer of both men and women in the United States, causing some 156,000 deaths each year– more than the mortality rates of breast, prostate and colon cancer combined. Lung cancer screening using low-dose computed tomography (LDCT) is the only diagnostic medical test clinically proven to reduce lung cancer mortality in current and former heavy smokers.

LDCT LUNG CANCER SCREENING

is quick and easy and it exposes patients to a minimal amount of radiation. Beaufort Memorial is the first hospital in the area to offer this life-saving service to qualified individuals. Its Imaging Center has been recognized by the Lung Cancer Alliance as a Center of Excellence for providing safe, high-quality low-dose CT screening for lung cancer.



QUALIFICATION CRITERIA

The American College of Radiology recommends annual LDCT lung cancer screening for individuals at high risk of developing lung cancer.

TO QUALIFY, YOU MUST:

- Be 55 to 77 years of age
- Have no signs or symptoms of lung cancer
- Currently smoke or have quit within the past 15 years
- Have smoked at least a pack of cigarettes a day for 30 years or more

SCHEDULING A SCREENING

If your primary care physician hasn't already spoken to you about LDCT lung cancer screening, inquire about the test at your next office visit. Your doctor may schedule a screening for you or provide you with a referral for testing. **To make an appointment for the scan, call (843) 522-5015.**

Following the screening, you will meet with your doctor again to review the results.



FAQs

What is CT screening?

Computed tomography (CT) uses special X-Ray technology to scan the body and make detailed images of a cross section of body tissue and organs.

Why is LDCT lung cancer screening recommended for heavy smokers?

Early detection is especially important

with lung cancer because by the time you have symptoms of the disease, the cancer may have spread and become much more difficult to treat. The biggest risk factor for lung cancer is smoking, resulting in approximately 85 percent of all lung cancer cases in the U.S.

How effective is LDCT lung screening at preventing death from lung cancer?

A national lung screening trial found that patients receiving annual CT screens reduced their risk of death

from lung cancer by 20 percent. The data also showed LDCT scans are more cost effective than other annual screenings, including breast, cervical and colorectal cancer screenings.

How is the exam performed?

LDCT lung cancer screening is quick, painless and easy. It can be performed in the clothing you are wearing and requires no medication, needles or dietary restrictions. While the chest scan is being taken, you will need to hold your breath for about six seconds.

Is the screening covered by Medicare?

Yes. Medicare Part B covers low-dose CT lung cancer screening once per year. Most health insurance companies also will pay for it. To ensure the screening is accessible to everyone meeting the testing criteria, Beaufort Memorial offers competitive pricing for the service and will work with patients who are uninsured or have insurance that doesn't cover it.