



# Breast Health

## When to call your doctor

Anytime you feel a lump or notice a change in your breast, you should see a physician. You should also see a physician if you experience any of the following symptoms:

1. Discharge from one breast
2. Inversion (sunken appearance) of a normal nipple
3. Dimpling of the breast skin
4. A bulge or an area of raised skin on one or both breasts
5. Itching, irritation or a scaly nipple with or without discharge
6. Rapidly increasing pain with redness or a rash
7. Rapid increase in the size of one breast
8. Changes in the shape of the breast or the vein pattern

**Beaufort Memorial Doctor Referral Line (888) 522-5585**  
**[beaufortmemorial.org](http://beaufortmemorial.org)**



**Beaufort Memorial**  
**BREAST HEALTH CENTER**

