#### Hollings Cancer Center



# Nutrition Services

#### at Hollings Cancer Center



Changing What's Possible

### Hollings Cancer Center Nutrition Services

Our registered dietitian and board-certified specialist in oncology nutrition and nutrition support can answer questions, including:

- Improving nutrition status before and after surgery
- Helping keep muscle mass and/or helping prevent weight loss during cancer care
- Providing education about tube feeds or IV nutrition
- Helping with eating problems and side effects of cancer and treatment
- Answering questions and advising about vitamins, minerals and supplements
- Providing education about diets such as high protein, high calorie, diabetic, heart healthy, renal, modified texture, care prevention and weight loss
- Providing general healthy diet tips and recipes for a healthy lifestyle after cancer

#### Nutrition Consultations

MUSC Health Nutrition Services provides one-on-one nutrition consultation for cancer patients throughout their treatment.

For an appointment, ask your doctor or nurse to see the dietitian.

Once a referral is placed, you will be notified and asked when you would like to come in for a visit.

Follow-up visits do not need additional doctor's referrals.

Appointment times are available Monday – Friday.

## Mary Jo Turner, RD, LD, CNSC

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